

## SOME BIBLE VERSES RELATING TO RETIREMENT (REFIREMENT)

\*Genesis 2 starts mankind out of God's working for six days, then resting. We begin out of His work and His rest. Salvation starts our spiritual lives as new creatures (2 Cor 5:17) out of Jesus' work on the Cross and His rest as He proclaimed His work DONE: "It is finished." How can you start this new chapter of life out of rest vs. stress? How about each new day? "Come to Me and I will give you REST" (Matt 11:28-30).

\*Num 8:23-26. Retirement IS in there! But it means taking on a less stressful role, not "sitting out."

\*I Sam 16:13-14 Some of the saddest verses in the Bible. What does it mean for you to KEEP in step with His Holy Spirit (Gal 5:16, 25)?

\*2 Sam 11:1-5. Ditto above. When Israel's greatest King had too much time on his hands. How will you maintain a good stewardship over this new gift of time?

\*Psalm 19:14; Prov 4:23 Our words & our hearts need guarding even more at this time when we've earned the "right" NOT to guard them. Lay some guidelines for guarding them.

\*Psalm 46:10 It's hard to be still when things hurt, when you hurt. Practice being still.

\*Psalm 37:23-24 name some of your "best practices" for putting your hand in His; nestling vs. wrestling Psalm 71:9, 15-18. If David felt this way so might you. What is his remedy?

\*Psalm 73:1-5, 17 True worship doesn't come any easier as we age. But look what becomes clearer when we do.

\*Psalm 90:12 "'Number" has two Hebrew meanings, to account for (an accountant's word, to invest) and to count in such a way you don't lose one (a shepherd's term). Apply those to your days.

\*Psalm 92:14 Is this true in your life? What do you think Jesus wants this to look like?

\*Isa 49:1-4; Eccl 1 Finding purpose was hard for Isaiah & Solomon. One great tip is to have a life purpose Bible verse that will guide & give you purpose. Other tips?

\*Jer 9:24; Matt 7:21-23; John 15:4-5 What will you do to just keep getting to know Jesus better besides Bible reading and prayer?

\*Joel 2:25 What years of yours were "eaten by locusts" (think regrets and grieving) and why? What would restoration look like? Have you simply asked Him to restore those years?

\*Zeph 3:17 Can you believe God delights in you since He knows you completely? What are some of your dominant ideas about who God really is and how He views you?

\*Matt 11:28-30 Note the kind of rest we really need...soul rest. What are some ways you find soul rest other than Bible and prayer?

\*Mark 6:30-33 Meditate on this LONG when finances start to worry you.

John 10:10 Now that you have more time and energy to be a "life-giver" similar to Jesus, how can you best do that and BE that?

\*2 Cor 3:17-18 Becoming more like Jesus is a process. Can you see progress? Describe that. We are to help others become more like Christ (agonize like a woman in labor, Gal 4:19; Col 1:27-29)? Are you?

\*Eph 3:20 "Exceeding abundantly beyond all we ask or imagine..." is hard to imagine. Ezekiel over 65 times has some version of "God do this so the world will know you are God." What are some BIG prayers you're praying? Jesus' most frequent question: "What do you want me to do for you?" What's your answer?

\*Phil 4:6-8 Make memorization and meditation on this passage your "medication" for anxiety and depression, which statistically increase with aging.

\*I Thes 5:17-18 Make a game out of how many minutes you can consciously think of Jesus' presence in your day. Write down three things for which you're thankful every day. (Tons of research shows how healthful & helpful this is!)

\*2 Tim 2:2 Who will you mentor and pass on the wonderful things God has taught you?

\*Heb 3:12-13; Prov 27:5-6, 17; Ecc 4:9-12 How will you cultivate encouraging and honest friendships?

\* Other passages that come to you or have been helpful?

